

## Living Life Looking Through the Rear-view Mirror



Many people live their lives spending most of their time looking at what is behind them (the past) and fail to look forward. Most victim thinking or lie based thinking, defaults toward looking through the rear-view mirror. They still see themselves as victims, worthless, nothing, weak, powerless, helpless, or perhaps, not O.K. The rear-view mirror in the picture has a statement etched at the bottom, "Objects in mirror are closer than they appear." Remember, you are looking at a reflection of life's past events, and the events are closer than they appear.

Rear-view mirror living is painful and distorted. That life is filled with paranoia, fear, and anxiety. That life always makes you feel defeated, as though you are doing something wrong; as though you are wrong.



One who lives in the now can look forward with the hope of arriving at a future destination. One might take a quick glance in the rear view mirror, but they do not reside there long.

You will be an accident waiting to happen if your eyes are not focused on the present! What happened yesterday, good or bad, has ended. You may have memories of it filled with lies which can be healed. You may even have scars from it. But it's not reality anymore. It is the past.

***"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland." Isaiah 43:18-19***